



PROVIDING MORE THAN FOOD – *hope.*

ANNUAL REPORT 2017-2018



# OUR MISSION

*To alleviate hunger through the gathering and distribution of food while encouraging self-sufficiency, collaboration, advocacy and education.*



# YEAR IN REVIEW

## DISTRIBUTION

### OVERALL

**88,423,320** POUNDS DISTRIBUTED

**32,843,337** POUNDS

of produce distributed

**20,505** TURKEYS

distributed for the holidays

**689** AGENCY PARTNERS

managing 886 total food distribution programs

## FOOD DRIVES

**1,255** food drives  
collected

**2,650,989** pounds



## MOBILE PANTRY PROGRAM

82 Mobile Pantry sites  
distributed 7.1 million pounds  
via 367 distributions



## CHILD NUTRITION PROGRAMS



- ▶ **1,414,347** Kids Cafe after-school and summer meals served
- ▶ **283** Kids Cafe after-school and summer meals sites
- ▶ **66,439** weekend backpacks of food served to kids

## COMMUNITY KITCHEN

**89** Community  
Kitchen  
graduates



# YEAR IN REVIEW

## VOLUNTEERS



213,225

VOLUNTEER HOURS SERVED

73,644

UNIQUE VOLUNTEERS

## EMPLOYEES



173  
full-time  
employees

## FOOD RESOURCING



Partnered with 28 growers in Arizona  
and 53 produce houses/distributors.

Food Resourcing Top 10 Retail Rescue Partners:

- |                 |                  |
|-----------------|------------------|
| 1. Walmart      | 5,521,257 pounds |
| 2. Kroger       | 3,967,045 pounds |
| 3. Safeway      | 3,413,445 pounds |
| 4. Sprouts      | 2,891,640 pounds |
| 5. Sam's Club   | 2,188,588 pounds |
| 6. Target       | 1,167,032 pounds |
| 7. WinCo Foods  | 951,005 pounds   |
| 8. Trader Joe's | 896,788 pounds   |
| 9. Albertsons   | 752,224 pounds   |
| 10. Bashas'     | 645,264 pounds   |



# CONNECT WITH US

## LOCATIONS

### STARDUST FOUNDATION CAMPUS -PHOENIX

#### Del E. Webb Distribution Center

2831 N. 31st Avenue • Phoenix, AZ 85009

#### University of Phoenix Programs Center

3003 W. Thomas Road • Phoenix, AZ 85017

#### Knight Transportation Community Services Center

3131 W. Thomas Road • Phoenix, AZ 85017

### SURPRISE

#### St. Mary's Food Bank Alliance

13050 W. Elm Street • Surprise, AZ 85378

### FLAGSTAFF

#### St. Mary's Food Bank Alliance

201 E. Birch Street, Suite 14 • Flagstaff, AZ 86001

## CONTACT

[www.StMarysFoodBank.org](http://www.StMarysFoodBank.org)

602-242-FOOD (3663)



 [www.facebook.com/firstfoodbank](https://www.facebook.com/firstfoodbank)

 [www.twitter.com/stmarysfoodbank](https://www.twitter.com/stmarysfoodbank)







 [www.instagram.com/stmarysfoodbank.com](https://www.instagram.com/stmarysfoodbank.com)

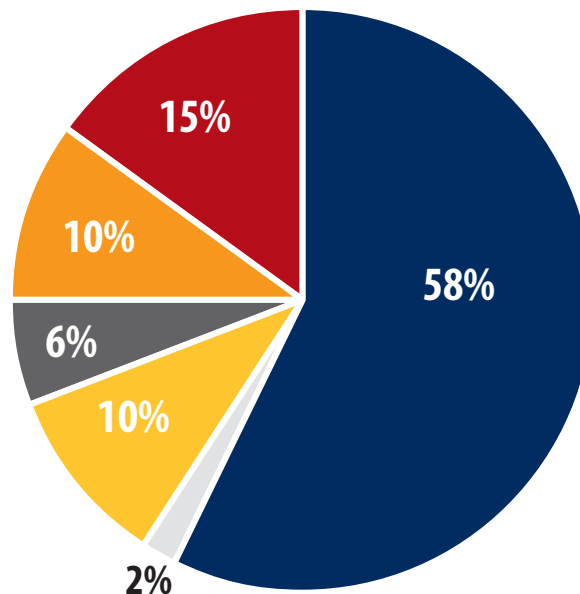
 [www.youtube.com/smfba](https://www.youtube.com/smfba)

# FINANCIALS



## CONTRIBUTED INCOME

	<b>INDIVIDUALS</b> \$13,131,874      58%
	<b>RESTRICTED DONATION</b> \$3,395,686      15%
	<b>BUSINESS DONATIONS</b> \$2,166,486      10%
	<b>PLANNED GIVING</b> \$2,274,977      10%
	<b>FOUNDATION DONATIONS</b> \$1,301,215      6%
	<b>FOOD DRIVES</b> \$403,376      2%



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**TOTAL REVENUE**  
**\$22,673,613**

# THANK YOU TO OUR DONORS

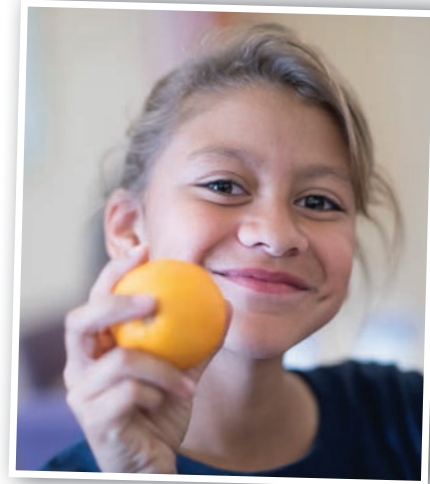


Whenever you make a donation, whether that is food, time or money, you are helping our hungry neighbors get through another day.

With our efficient operations, buying power and volunteer support, we stretch donations far. Donors like you allow St. Mary's Food Bank to turn every \$1 donated into 7 meals. A warm thank you for continuing to support us in the fight against hunger!

Food drives help to stock shelves and play a vital role in encouraging community participation and awareness. We want to thank those who have held food drives or donated food to St. Mary's during the past year.

Large-scale food donations are a critical part of our mission to fight hunger in Arizona. While community food drives and individual food donations are extremely valuable, the scale of our work also requires the support of donors in the manufacturing, warehouse/logistics, produce/agriculture and food services industries. Only through the ongoing support of food industry donors can we continue to feed hundreds of thousands of Arizonans each year.



# A SECOND CHANCE



## COMMUNITY KITCHEN

SERVING UP SKILLS FOR A BRIGHTER FUTURE

Community Kitchen is a 12-week second-chance program that teaches culinary and life skills to adults living in poverty with barriers to employment (homelessness, incarceration, past drug use, etc). The program empowers the students to achieve self-sufficiency by providing food service industry training, personal development, and job placement.

The program's hands-on curriculum includes restaurant style cooking, kitchen equipment, terminology, and safety and sanitation practices. The Community Kitchen students operate a high volume production kitchen making fresh, hot meals for afterschool programs. The program's life skills curriculum addresses communicating effectively, establishing personal and financial goals, building confidence and improving decision-making techniques to help the students thrive post-graduation.

The Community Kitchen program has given the students an opportunity to get their lives back on track. The job placement record is more than 90 percent and many graduates have gone on to secure jobs at some of the Valley's best restaurants, catering facilities and hotels. Each year, the Community

Kitchen program continues to grow and this year there were 89 graduates. Through this program, students like Thomas were given the opportunity to be successful.

Thomas never thought he would have ended up digging through restaurant trash for food, but after a three-story fall left him with a broken back, he was jobless, homeless, sleeping wherever he could and surviving on restaurant cast offs. "I felt like all meaning of life was lost. When you're homeless, you stop caring about yourself."

After making his way to Phoenix, Thomas enrolled in St. Mary's Food Bank Community Kitchen program. As he sharpens his skills in the kitchen, he's looking forward to eventually getting a job in the food industry, buying a car, and finding a permanent place to live.

***"I started to wonder how many more times I could pick myself up...but you can never give up."***



# NO CHILD DESERVES TO GO TO BED HUNGRY



## KIDS CAFE

Volunteers and Community Kitchen students prepare 8,000 healthy meals each weekday that are provided to children in structured afterschool programs. These programs must include an education component, an exercise component in addition to the meal service provided by St. Mary's.

## FAMILY BACKPACKS

Volunteers pack more than 2,000 weekend backpacks for school children in areas of extreme poverty. The backpacks contain nearly a dozen items of easily prepared food including peanut butter, canned meat, fruits and vegetables in order to sustain the children and their families through the weekend.

## SCHOOL PANTRY

Similar to the backpack program, school pantries provide basic nutritious food to children and their families and is distributed through the schools. The school pantry model; however, offers some "client choice" to enable families to select items they are most likely to consume. Arizona Diamondbacks launched their "Pitch In To End Hunger" campaign in partnership with St. Mary's Food Bank to help expand the school pantry program. In April of 2018 they opened the sixth and seventh on-site school pantries at William C. Jack and Desert Garden Elementary Schools. With 10,000 pounds of canned food and

non-perishable items stocked on the school's shelves, there is no shortage of potential meals for in-need students and their families.

## SUMMER MEALS

Children receiving free and reduced-cost meals during the school year may have a difficult time finding nutritious food during the summer months. Volunteers and Community Kitchen students prepare healthy meals for these children at sites throughout our service territory.



# HEALTHY FOOD FOR ALL



## THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP) FOOD BOXES

Our clients come from all walks of life – but they all have one thing in common. They are struggling with food insecurity. St. Mary's Food Bank believes no one should go to bed hungry.

The Emergency Food Assistance Program is a government program to provide a box of shelf-stable, nutritionally balanced food. People self-declare that they are in need of food. Items in the box are commodities such as peanut butter, canned fruits and vegetables, pasta, rice, cereal, etc.

## COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) FOOD BOXES

Our "Senior Boxes" are similar to The Emergency Food Boxes but contain a few different items to accommodate the elderly diet. CSFP clients also receive cheese every month and milk every other month.

TEFAP and CSFP boxes are just one component of what clients receive when they visit a St. Mary's Food Bank food distribution site. We add donated/purchased food such as fresh fruits and vegetables, dairy, meat, snacks and beverages whenever possible to the non-perishable boxes of food. This gives clients like Joanne the staples they need to help provide nutritious meals for their families.

Joanne shows off a long scar near her knee where she had vascular bypass surgery just a week before. She happily boasts,

"God has blessed me in a lot of ways even though I have these health issues."

Paget Disease, a rare type of skin cancer, forced Joanne to retire early after working for years at a large insurance company and later as a home health care provider. At 69-years old and single, she now receives just \$83 a month in SNAP benefits.



The food Joanne gets from St. Mary's warehouse in Surprise allows her to use her SNAP benefits to purchase additional protein and non-fat items she needs for her health. It also allows her to cook for herself. As she says, "I'm an old Nebraska farm-girl cook, so cooking from scratch is important—and healthy!"

She's also a surrogate "grandmother" to two neighborhood children ages 7 and 13, whose struggling parents are out of work. During the week, Joanne makes them breakfast and sends them off with snacks for afterschool.

While loading the food from St. Mary's into her car, Joanne mentions it's her birthday. "I say that every day, because every day that I wake up and am breathing, it's my birthday!"

# VOLUNTEERS



**75,153**  
*volunteers*



**213,225**  
*hours*

## ***Top 5 Volunteering Companies***

*American Express • Bank of America • Charles Schwab  
Nationwide • Wells Fargo*

St. Mary's Food Bank saves thousands of dollars because of the incredible support of volunteers. With a big mission comes a lot of hard work. Volunteers help sort, box, and distribute food boxes, load carts, assist clients and serve on our Board of Directors.

St. Mary's thanks the companies, organizations, and individuals who have stepped up this year for their interest and passion for helping others. Over the course of the year, volunteers provided more than 213,000 volunteer hours to help make sure the one in five Arizonans who struggle had the food they so desperately needed. One of St. Mary's volunteers, Bruce, has been part of the mission for years.

Bruce is a military veteran who worked for 31 years before retiring in 2009. Once he retired, he knew he wanted to

give back to the community. He started volunteering at St. Mary's Food Bank. His first assignment was manning the check-in desk greeting those looking for a little help to alleviate their hunger. Fast forward to the present and Bruce can perform practically any job in our direct-to-the-client distribution center.



Spending many hours of his time serving at St. Mary's, he is a role model for other volunteers and leads in training new recruits. Bruce's favorite aspect of volunteering is knowing he is helping people in need. He knows that when people come to get food assistance, that it is not always their fault. "They are good people that just need help," said Bruce.

With a big heart and the desire to make a difference in people's lives, Bruce plans to keep volunteering at St. Mary's with a goal of at least 10,000 hours. He can see firsthand how much the community needs this assistance and the impact he is making every week. "It makes you feel better when you are giving back to the community," Bruce said as he reflected on some great memories. Bruce is also a financial supporter and wanted to extend his gratitude to his fellow donors for their support.

# MOBILE PANTRY



For many of the clients who visit St. Mary's Food Bank, a shortage of food isn't their only obstacle. The lack of reliable transportation or challenge of taking food home on public transportation sometimes makes the commute to the food bank a difficult ordeal.

St. Mary's has greatly expanded its mobile pantry program due to this very reason. The idea of making many perishable, nutritious foods more readily available to neighborhoods hardest hit by food insecurity remains a top priority. Fresh fruits and vegetables, breads, canned goods and bottled drinks are included in all the mobile pantry distributions. They are held at consistent locations and times so those in need can make it a part of their schedule.

This year, the Mobile Pantry program increased to 82 sites in rural and urban locations. At each site, St. Mary's estimates a total of 300-500 families are helped each day, in a span larger than the Greater Phoenix area alone. St. Mary's Food Bank serves Yuma, Yavapai, Pima, Pinal, Navajo, Mohave, Maricopa, La Paz, Gila, Coconino and Apache counties. The need for mobile pantries is critical, especially for people who have barriers to transportation like Chad and Andrea\*.

Married for 21 years, Chad and Andrea moved to a senior center after Andrea had brain surgery – and later was injured in a serious accident. Chad quit his job to take care of Andrea

full-time. The couple, as devoted to each other today as when they first were married, is living out their vows to be there for each other – no matter what challenges life brought to them.



And those challenges kept coming. When a major storm knocked out power to their complex overnight, Chad and Andrea, and their neighbors, lost much of their food to the extreme heat. That's where St. Mary's stepped in – hosting a mobile pantry for the complex, responding with more than 10,000 pounds of perishable and non-perishable food items.

Chad said he had no idea how his neighbors would eat if not for St. Mary's. "You're literally saving lives."

For many of these people – living on low, fixed incomes – assistance from St. Mary's was the only thing that kept them from going hungry. Your continued support enables St. Mary's Food Bank to be a first responder in times of need.

*\*names have been changed*

# NATURAL DISASTER FIRST RESPONDER



St. Mary's Food Bank is a first responder to emergencies – nationwide. When the call for help from Feeding America comes, St. Mary's jumps into action. Trailer truckloads of emergency food, ready-to-eat snacks and toiletry items are loaded at St. Mary's and are taken to the places relief is needed most.

This year, St. Mary's was called upon to aide Texas when Hurricane Harvey hit. The supplies were delivered to the Food Bank of Corpus Christi and Food Bank of the Golden Crescent in Victoria, Texas and two St. Mary's staff members were sent to help with distribution to those affected by Hurricane Harvey.

Whenever disasters like this happen, St. Mary's counts on the generous people of Arizona to lend a helping hand. The donations given assist in replenishing the supplies that have already been committed to the hurricane effort and stockpile for when and if the call for further help is made. St. Mary's Food Bank is always on standby and ready to assist across the country whenever called.





# ALAN MERRETT SOCIETY

*Membership in the Alan Merrett Society is bestowed upon individuals who have committed long-term support to the mission of St. Mary's Food Bank Alliance by including the Food Bank in their estate plan. The Society is named for Alan Merrett, the first Board President of St. Mary's Food Bank, who later served as Executive Director.*

Mr. and Mrs. Paul G. Babic  
Mr. and Mrs. Paul G. Barnes  
Mr. Marvin M. Barofsky  
Mr. Michael E. Beck  
Mr. and Mrs. James V. Bonanno, Jr.  
Mrs. Marie E. Borrelli  
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Mrs. Olga S. Walker  
Ms. Susan J. Wathier  
Ms. Amelia T. Witalis  
Mr. Joseph Zodi

We apologize if you have notified us of your legacy intent (and granted permission for name publication) and your name has been inadvertently omitted from the above listing. In addition to the individuals listed above, there are more than 90 Alan Merrett Society members who have requested anonymity with regard to published member listings. Deceased AMS members whose gifts have already been realized are not included in the listing above.

For information on including a bequest to St. Mary's Food Bank in your will or estate plan, contact us at (602) 242-3663 or visit our gift planning website at [www.SMFBAllegacy.org](http://www.SMFBAllegacy.org).

# BOARD OF DIRECTORS

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Sun Orchard, Inc.

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Fry's Food Stores

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Deloitte Consulting  
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### *President & CEO*

TOM KERTIS  
St. Mary's Food Bank Alliance

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E & S Specialty Nationwide

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Duncan Family Farms

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Mobile Mini, Inc.

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Swartz Concrete  
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TROY McNEMAR  
McNemar Law Office

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Lisa Notaro  
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